

FORMULA 5

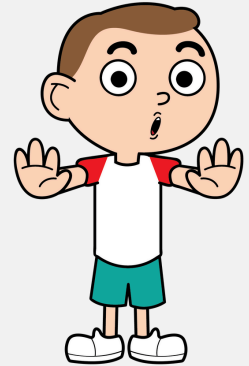
1

Feel a change



2

Freeze



3

Focus on your best self



4

Formulate a strategy



5

Flourish





FORMULA 5

1

Feel a change



2

Freeze



3

Focus on your best self



4

Formulate a strategy



5

Flourish



1

Feel a change



2

Freeze



3

Focus on your best self



4

Formulate a strategy



5

Flourish



FORMULA 5

1

Feel a change



2

Freeze



3

Focus on your best self



4

Formulate a strategy



5

Flourish



1

Feel a change



2

Freeze



3

Focus on your best self



4

Formulate a strategy



5

Flourish

